

At HAP, your health is our priority!

That's why we offer a wide range of women's health programs to help you lead your best life – from weight loss and nutritional programs to smoking cessation. And with our new Maternity Services Program, we've got you covered.



HAP has teamed up with ProgenyHealth® to give you comprehensive maternity support – at no cost to you. With ProgenyHealth, you can:



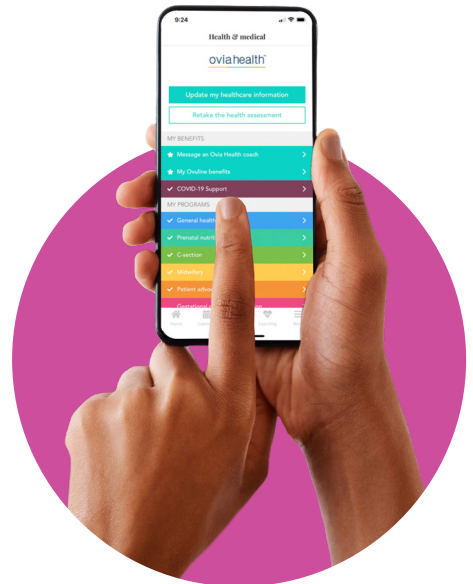
Call a ProgenyHealth Case Manager who will help you with:

- Maternity education, support, and encouragement
- **Setting up** doctor visits, keeping your appointments and making care plans
- **Helping** you find free or low-cost resources not covered by your plan



Use the Mobile App powered by Ovia Health™, so you can:

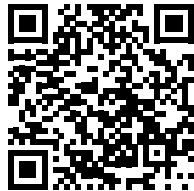
- Create your own experience
- Track your pregnancy with updates
- **Connect** with pregnant women and moms
- **Contact** your ProgenyHealth Case Manager



Download the Pregnancy Mobile App Today!

Follow these easy steps to get started:

- 1** Tap the App Store logo for your mobile device and search for *Ovia Health™*

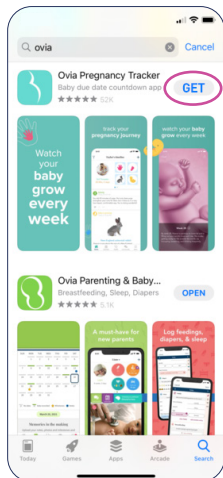


OR

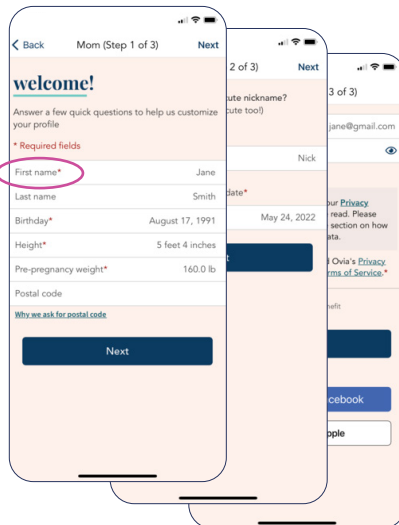
Scan the Apple Store or Google Play QR code to go directly to the *Ovia Pregnancy Tracker* app



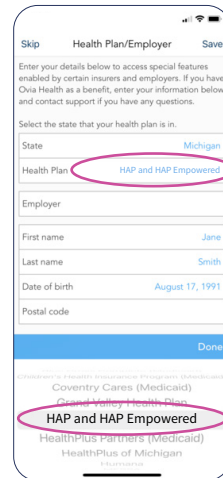
- 2** Download the *Ovia Pregnancy Tracker* app



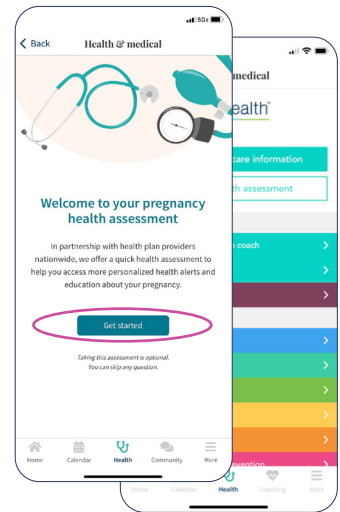
- 3** Open to create your profile. Accept Ovia Health terms



- 4** Choose HAP and HAP Empowered as your Health Plan



- 5** Complete the Pregnancy Health Assessment



Call us today to talk to a ProgenyHealth Case Manager
TOLL FREE: 1-855-231-4730 8:30 AM - 5:00 PM
www.hap.org/maternity

