

GENERIC ISOLATION ROOM GUIDELINES

CORONAVIRUS
COVID-19

The purpose of these guidelines is to outline the recommended isolation room procedure when a student becomes ill at school with COVID-19 symptoms.

The isolation room should contain a bathroom with handwashing facilities. If this is not feasible, designate a bathroom for isolation room use only. Consideration of ventilation such as windows and an outside door is preferable to reduce the spread of disease for isolated individuals exiting the building.

RECOMMENDED SUPPLIES

- Surgical masks (adult and child sizes)
- Latex-free gloves
- Face shield
- Disposable gowns
- Tissues
- Garbage can
- Trash bags
- Hand-sanitizer with 60-95% alcohol
- Brown paper bags
- EPA approved cleaning supplies
- Phone or Walk-talkie
- N95 masks
- Touchless thermometer
- Proper signage restricting/limiting entry
- Clipboard, pens, symptomatic log sheet, symptomatic student letter

HOW TO DETERMINE IF STUDENT SHOULD BE RELOCATED TO ISOLATION ROOM

1. Is student currently experiencing ONE or more of the following symptoms unrelated to a known pre-existing condition (e.g. asthma, allergies)?

- New cough Shortness of breath Difficulty breathing New loss of taste or smell

2. Is student currently experiencing TWO or more of the following symptoms unrelated to a known pre-existing condition (e.g. asthma, allergies)?

- Fever (100.4 degrees or higher) Headache Diarrhea (2x in 24 hours)
- Chills (rigors) Sore throat Nausea or vomiting (2x in 24 hours)
- Muscle aches (myalgias) Fatigue Congestion or runny nose

Learn more about slowing the spread of COVID-19 at www.oakgov.com/covid.
For questions call Nurse On Call at 1.800.848.5533.

ONCE IN THE ISOLATION ROOM

- Assigned school personnel wears gloves and surgical mask at all times
- If student is coughing, assigned school personnel should wear a face shield and N95 mask
- If student is vomiting, assigned personnel should wear a gown
- Contact parent for prompt student pick up
- Have student wash hands and replace facial covering with a surgical mask (store used face covering in brown paper bag to be laundered at home or throw away disposable mask)
- Remain 6 feet apart in the isolation room when possible
- Monitor student(s) at all times
- Assigned school personnel uses Symptomatic Student Documentation Log
- Recommend taking temperature upon arrival and document results on Symptomatic Student Documentation Log.

ONCE PARENT/GUARDIAN ARRIVES TO SCHOOL

- Parent/Guardian to remain in vehicle, student to be escorted to pick up area
- Parent/Guardian to receive Symptomatic Student Letter

CLEAN AND DISINFECT

- All items and surfaces used by the ill student
- Remove gloves – wash hands
- Remove mask and throw way – wash hands again
- Replace surgical mask if monitoring additional students
- Notify custodial staff per building disinfecting protocol.

CDC provides guidance on an isolation plan if someone arrives or becomes ill at school. Isolation “separates sick people with a contagious disease from people who are not sick” (CDC, 2017). [Managing Communicable Disease in School \(March 2022\)](#)
[Operational Guidance for K-12 Schools and Early Care and Education Programs to Support Safe In-Person Learning](#)
PPE ([How to put on and take off PPE](https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf)) <https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>