

NEWBORN DANGER SIGNS



IF YOUR NEWBORN HAS ANY OF THESE SIGNS, CALL YOUR DOCTOR

- Fever greater than 100.4°F
- Very sleepy or not able to wake
- Vomiting/spitting up a lot
- White spots in mouth or tongue
- Less than six (6) wet diapers per day
- Diarrhea
- Rash/diaper rash
- Jaundice (yellowing skin)
- Seizures
- Not eating

IMPORTANT NUMBERS

Mom's Doctor: _____ Ph.#: _____

Baby's Doctor: _____ Ph.#: _____

Pharmacy: _____ Ph.#: _____

Public Health Nurse: _____ Ph.#: _____

Nurse On Call: 800.848.5533

Emergency/Fire: 911 Poison Control: 800.222.1222

Insurance/Medicaid: _____

WIC Office: 248.858.1272

Oakland County Social Security: 248.858.0571

Birth Certificates: _____

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The Oakland County Health Division will not deny participation in its programs based on race, sex, religion, national origin, age or disability. State and federal eligibility requirements apply for certain programs.

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WHAT TO EXPECT FROM YOUR NEWBORN



THINGS TO KNOW WHEN CARING FOR YOUR BABY:

- Noisy breathing is normal.
- Keep cord clean and dry. Call doctor if red and draining.
- Soft spots are normal as skull is forming.
- Babies startle easily. Swaddling the awake baby may help.
- Sneezing and hiccups are normal.
- Sleep patterns vary. Expect baby to wake every 2-4 hours when hungry.
- Babies cry. If baby cannot be calmed or cry is high-pitched, call your doctor.
- Spitting up is normal. If spit up shoots out or occurs every feeding, call your doctor.
- Stool colors vary:

Newborn

- Dark and tar-like

Breast-fed

- Mustard

Formula-fed

- Light brown

PRACTICE SAFE SLEEP

**Baby should sleep alone, on their back, in crib/
bassinet without soft bedding or other items.**

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