





IF YOUR NEWBORN HAS ANY OF THESE SIGNS, CALL YOUR DOCTOR

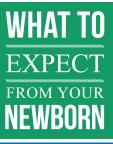
- Fever greater than 100.4°F
- Very sleepy or not able to wake
- Vomiting/spitting up a lot
- White spots in mouth or tongue
- Less than six (6) wet diapers per day
- Diarrhea
- Rash/diaper rash
- Jaundice (yellowing skin)
- Seizures
- Not eating

Mom's Doctor:	Ph.#:	
Baby's Doctor:	Ph.#:	
Pharmacy:	Ph #·	
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Public Health Nurse:	Ph.#:	
Nurse On Call: 800.848.5533		
Emergency/Fire: 911	Poison Control:	800.222.1222
Insurance/Medicaid:		
WIC Office: 248.858.1272		
Oakland County Social Security:		
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IMPORTANT NUMBERS

Birth Certificates:









THINGS TO KNOW WHEN CARING FOR YOUR BABY:

- · Noisy breathing is normal.
- Keep cord clean and dry. Call doctor if red and draining.
- Soft spots are normal as skull is forming.
- Babies startle easily. Swaddling the awake baby may help.
- Sneezing and hiccups are normal.
- Sleep patterns vary. Expect baby to wake every 2-4 hours when hungry.
- Babies cry. If baby cannot be calmed or cry is high-pitched, call your doctor.
- · Spitting up is normal. If spit up shoots out or occurs every feeding, call your doctor.
- · Stool colors vary:

Newborn Breast-fed Formula-fed - Dark and tar-like - Mustard - Light brown

PRACTICE SAFE SLEEP

Baby should sleep alone, on their back, in crib/ bassinet without soft bedding or other items.

