
Marijuana

What You Need to Know



What is marijuana?

Marijuana is a dry, shredded green and brown mix of flowers, stems, seeds, and leaves derived from the hemp plant *Cannabis sativa*. The main active chemical in marijuana is THC (tetrahydrocannabinol). Marijuana is usually smoked in hand-rolled cigarettes (joints), pipes, or water pipes (bongs). When someone smokes marijuana, THC is rapidly passed from the lungs into the bloodstream and is carried to the brain and other organs in the body. Marijuana is the most commonly used illicit drug in the United States, and its use and potency has increased in recent years.

What are the street names for marijuana?

Pot, Weed, Ganja, Dope, Grass, Reefer, Mary Jane, Joint, Blunt, and 420

What are the health effects of marijuana?

- Distorted perceptions
- Impaired coordination
- Difficulty thinking and problem solving
- Problems with learning and memory
- Respiratory conditions (examples include bronchitis, emphysema, and bronchial asthma)
- Anxiety, depression, and schizophrenia
- Increased heart rate
- Hallucinations, delusions, and/or psychosis (when taken in high doses)

Signs of marijuana use include:

- Dizziness
- Red, bloodshot eyes
- Difficulty walking
- Having difficulty remembering things that just happened
- Acting silly for no apparent reason
- Smell of marijuana on hair and clothes

What are the withdrawal symptoms of marijuana?

- Irritability
- Sleeplessness
- Decreased appetite
- Anxiety

Resources:

Alcoholics Anonymous of Oakland County, Michigan	(248) 332-3521
Al-Anon Family Groups of Oakland County, Michigan	(248) 706-1020
Metro Detroit Narcotics Anonymous Hotline	(877) 338-1188
Michigan Narcotics Anonymous Hotline	(800) 230-4085
Oakland Community Health Network Access, Eligibility, and Screening	(248) 464-6363
Oakland County Area Narcotics Anonymous	oa.webservant@gmail.com

[Oakland Community Health Network Substance Use Services Brochures](#)

[Oakland County Licensed Substance Use Programs, Fall 2018](#)

[Substance Abuse and Mental Health Services Administration Treatment Locator](#)

If you or someone you know may be thinking of suicide, going through a hard time, or just need to talk, call or text the Common Ground Resource and Crisis Helpline at 1-800-231-1127 or chat online 24 hours a day, 7 days a week at www.commongroundhelps.org.



NURSE ON CALL PUBLIC HEALTH INFORMATION HOTLINE
800.848.5533 NOC@OAKGOV.COM
OAKGOV.COM/HEALTH



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