

KNOW THE BUZZ

ABOUT WEST NILE VIRUS



WEST NILE VIRUS IS A MOSQUITO TRANSMITTED DISEASE THAT CAN BE SERIOUS

WEST NILE VIRUS & OLDER ADULTS

People over the age of 50 are more likely to develop serious and potentially life threatening symptoms of West Nile Virus if they do get sick. Don't let your guard down. Take steps to protect yourself from mosquito bites.

- Use insect repellents. The Centers for Disease Control and Prevention (CDC) recommends the use of insect repellents containing active ingredients registered with the U.S. Environmental Protection Agency (EPA). Products that are registered with the EPA that have shown a high degree of effectiveness contain DEET, Picaridin, IR3535, Oil of Lemon Eucalyptus or para-menthane-diol. Always follow manufacturer's directions carefully.
- Wear long-sleeved shirts and long pants outdoors.
- Limit outdoor activity from dusk to dawn and avoid areas where mosquitoes may be present (i.e. shaded and wooded areas).
- Maintain window and door screens to keep mosquitoes out of buildings.
- Empty water from mosquito breeding sites, such as flower pots, pet bowls, clogged rain gutters, swimming pool covers, discarded tires, buckets, barrels, cans, and similar items where mosquitoes can lay eggs.

For more information on West Nile Virus visit oakgov.com/health

NURSE ON CALL PUBLIC HEALTH INFORMATION
800.848.5533 NOC@OAKGOV.COM
OAKGOV.COM/HEALTH



The Oakland County Health Division will not deny participation in its programs based on race, sex, religion, national origin, age or disability. State and federal eligibility requirements apply for certain programs.

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