



ACTION TEAM MINUTES



ACTIVE LIVING NETWORK

Date: March 26, 2019

Time: 11 AM - 12:30 PM

1. Introductions

Introductions were made. Attendees present were: Rebecca Austin (Beaumont Health), Shelly Battershell (North Oakland YMCA), Robin Danto (MSU-E), Emily Norton (Macomb County Health Dept.), Lia Hosinski (Huron-Valley Recreation), Carrie Hribar (OCHD), Michael Randall (American Heart Association), Cristina Rau (City of Auburn Hills), Jessica Williams (OCHD), Madonna Van Fossen (SMART), Kristen Wiltfang (OC Economic & Community Affairs)

2. Meeting Minutes

Minutes were approved.

3. Facebook Group Discussion

There was a tie for the Facebook naming. Amanda will send out a new poll for members to vote to break the tie. **Click [here](#) to complete the new poll.** The group discussed general guidelines for posts: they should be inclusive, events can cost various amounts, and posts should include hashtags and external links for the user to learn more about the event/program and be able to contact the partner directly.

Michael suggested reviewing similar community pages, Healthy Wayne and Healthy Westland, as an example. Amanda will review the pages.

Partners expressed concern with duplication of information by creating a separate ALN newsletter. Group members suggested using the Facebook page as the main way to communicate information and/or include relevant newsletter information into a larger newsletter that reaches more people. Amanda will review potential to combine relevant ALN information with other ECHO newsletters to reach a broader audience.

4. Working with Purpose Activity



ACTION TEAM MINUTES

The group completed an activity answering four questions below. The responses are attached with the minutes.

- What are you currently working on at your organization?
- What do you want to do in the network?
- What is your purpose for participating in the network?
- What do you want to see happen in the network?

Amanda asked the group who was missing. Potential partners included: seniors, municipalities, Oakland County Parks & Rec, assisted living, school districts, and a community resident(s).

Amanda then summarized the activity. The group wants to collaborate but is working towards identifying a topic and related activities. Rebecca thought a service directory would help identify member resources and needs. [Click here to complete the form](#). Members will complete the form by April 26th.

5. Partner Updates

- Kristen: 15th Anniversary Celebration on the Clinton River Trail. The calendar can be found at: <http://www.clintonrivertrail.org/assets/fcrt-15th-anniv-calendar.pdf>. Updates are posted to the website: <http://www.clintonrivertrail.org/crt-events.html> and questions should be sent to info@clintonrivertrail.org. The Six Rivers Land Conservancy have Adventure League Events and Stewardship Work Days that encourage people to get outside and get active (and help out the environment) <https://www.sixriversrlc.org/six-rivers-events>. June 1, 2019 Paddlepalooza on the Clinton River (Rainout Date: June 15th) www.rochesterhills.org/calendar.aspx?PREVIEW=YES&EID=2767
- Madonna: Smart and D-DOT will be offering a regional card that will work with both bus systems. The new fare card will go into effect on May 1, 2019. To find more information, click [here](#).
- Michael: American Heart Association is hosting a "Health Impact Summit" on June 13th at Wayne State University (IBIO Building, 6135 Woodward) from 5-8 PM. See attached flyer.
- Jessica: Pontiac Fit Fest, June 15, time TBD, at Beaudette Park (726 Orchard Lake Road, Pontiac, MI). The organizers will be giving away bikes to adults and children in need. To donate a bicycle visit [Re-CYCLE for Kids](#) to find a drop-off location.



ACTION TEAM MINUTES

- Amanda: [Brooksie Way Mini-Grant](#). There are two rounds: one due 4/1 and second due 8/1. Eligible applicants: All non-profit groups and agencies in Oakland County offering activity and fitness-related programs are eligible to apply.
- Shelly: Healthy Kids Event on April 27th from 10 AM- 1 PM at the North Oakland Family YMCA. Join for games, music, fitness, healthy snacks, free events and more. Saturday Meal Program: Saturdays from 11 AM-12:30 PM at the North Oakland Family YMCA. Free lunch for kids 18 and under with games, activities and other family fun. See attached flyer.

6. Review Action Items and Next Steps

- Amanda will review similar community Facebook pages
- Amanda will review potential newsletters to combine relevant ALN information
- Amanda will create a network directory form.
- Active Living Network members will complete the network director form and return to Amanda by 4/26/2019. Amanda will present at May meeting.

Next Meeting:

May 28, 2019

11:00am – 12:30pm

Oakland County Health Division
Third Floor Conference Room (322)
1200 N. Telegraph Rd., Bldg. 34E
Pontiac, MI 48341