

Cognitive Restructuring / Thinking Matters

GROUP RULES

1. **Attendance:** It is the policy of the Step Forward program that any participant with two consecutive unexcused absences or a pattern of unexcused absences be removed from any group which maintains a waiting list
2. **Promptness:** There is a 10 minute grace period for all groups. No client will be allowed in to group more than 10 minutes past the group's scheduled start time.
3. **Must remain inside of the building after group check in**
4. **Must not come to group under the influence of any drugs or alcohol**
5. **Must take care of restroom needs before group as you will not be allowed to leave the room after the start of the meeting**
6. **Participation**
7. **Must come to group prepared in order to present homework**
8. **If homework/folder is lost, you will be required to restart the Thinking Report you were currently working on**
9. **Confidentiality**
10. **Honesty and self-disclosure**
11. **No cross conversations**
12. **Must Abide by Step Forward Dress Code:**
 - No swimsuits, halter tops, strapless tops, midriff tops (no revealing clothing)
 - No drug or alcohol advertisements or slogans on clothing (this means photos/drawings as well)
 - Step Forward staff has discretion as to what is appropriate attire. You can be asked to leave, resulting in missed treatment requirements for inappropriate attire.