



HEALTH DIVISION
DAVID COULTER
OAKLAND COUNTY EXECUTIVE



OAKLAND COUNTY
HEALTH DIVISION

PRENATAL JOURNEY

Join WIC's prenatal support group!

- Learn what to expect as you prepare for your new baby, including breastfeeding benefits and techniques; bonding tips and feeding baby; nutrition and infant feeding cues; and more!
- Connect virtually with other families and receive support from the comfort of your own home.

Dates & Time

Tuesdays, 5:00 PM

Mar 28 May 30
Apr 25 Jun 27

Wednesdays, 8:30 AM

Mar 8 May 10
Apr 19 Jun 21

Thursdays, 8:30 AM

Mar 16 May 18
Apr 20 Jun 15

To join, visit: bit.ly/3FTSL84
or scan the QR code.



To register, call WIC at 248-858-1272.
Registration not required. To see a monthly
topic list, visit oakgov.com/wic

