

OAKLAND COUNTY HEALTH DIVISION BREASTFEEDING CLASS

- Learn what to expect as you prepare for your new baby, including breastfeeding benefits and techniques; bonding tips and building your support system; learning your baby and infant feeding cues; and more!
- Connect virtually with other families and receive support from the comfort of your own home.

Dates & Time

Tuesdays, 5:00 PM

Jan 23 Mar 26 May 28 Feb 27 Apr 23 Jun 25

Wednesdays, 8:30 AM

Jan 10 Mar 13 May 8 Feb 14 Apr 10 Jun 12 Thursdays, 8:30 AM

Jan 18 Mar 21 May 16 Feb 22 Apr 18 Jun 20

To join, visit: <u>bit.ly/3FTSL84</u> or scan the QR code.



To register, call WIC at 248-858-1272. Registration not required.

