

5 STEPS TO SAVE A LIFE

Harm Reduction & Syringe Services

1



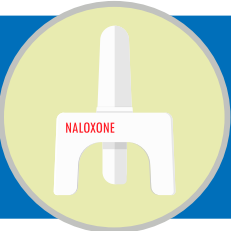
Shake & Shout
at shoulders their name

2



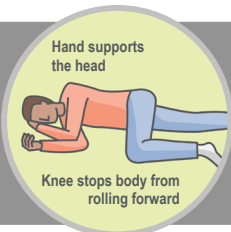
Call 911
if Unresponsive

3



Naloxone Spray
Peel the seal, place in 1 nostril,
give 1 spray

4



Check Breathing

- YES - put in recovery position
- NO - give CPR

5



Is it Working?

- If no improvement after 2 minutes:
- Give 2nd dose of naloxone
 - If not breathing, continue CPR

Adapted from The Centre for Addiction and Mental Health (CA).