



## NEWS RELEASE

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**Individuals with disabilities invited to Adaptive Golf Clinic with PGA officials**  
*Free event to provide instruction, help interested persons learn more about golfing benefits*

**OAKLAND COUNTY, MI – April 18, 2024** – Individuals with disabilities interested in learning more about golf are invited to a free Adaptive Golf Clinic hosted by David Windsor, PGA, Adaptive Golf Academy Founder/Principal and Jonathon Snyder, U.S. Adaptive Golf Alliance official. The event will take place from 3-4:30 p.m. on Friday, April 26 at Carl's Golf and in Bloomfield. It is presented by Oakland County Parks.

During the clinic, local individuals with disabilities will work hand-in-hand with newly trained coaches who attended an Adaptive Golf Coach Training Workshop earlier in the day at Waterford Oaks Activity Center. The goal of the event is two-fold: To provide workshop attendees with hands-on practical experience and for individuals with disabilities to experience the many physical and mental benefits provided through golf play.

"The game of golf is the most adaptable sport I know and can be learned and enjoyed by anyone of any ability on many different levels," Windsor said. "Adaptive golf programming has proven to enhance the lives of individuals with physical, cognitive and sensory impairments, from being a catalyst for accelerating recovery time to building uplifting relationships with like-minded, supportive individuals."

While registration for the training workshop is full, there is space available for adaptive golfers during the clinic. Participants will learn about adaptive recreation equipment and how golf can help build their confidence and social connections.

"Golf is a great sport for individuals of all ages and abilities because provides an athletic challenge and is designed for individual or group play," Recreation Supervisor Sandy Dorey said. "However, it can be intimidating for those new to the activity who are still learning the fundamentals of play and finding confidence to do so in front of more experienced players."

All five golf courses operated by Oakland County Parks have adaptive recreation equipment available, including single rider carts for individuals with spinal cord injuries, amputees and other physical impairments. Dorey, who is a certified therapeutic recreation specialist, added that some carts feature a swivel seat that moves to a standing position and also pivots left and right for maximum range of motion during play. To ensure availability, adaptive golf carts must be reserved in advance of scheduled tee time.

To register for the Adaptive Golf Clinic, scan the QR code on the [Adaptive Golf Clinic Flyer](#) at [OaklandCountyParks.com/AdaptiveRec](https://OaklandCountyParks.com/AdaptiveRec). For more information about the program or adaptive recreation, email [OCPrecreation@oakgov.com](mailto:OCPrecreation@oakgov.com) or call or text 248-221-8040.

For more information about Oakland County Parks, visit [OaklandCountyParks.com](https://OaklandCountyParks.com). Join the conversation on [Facebook](#), [Instagram](#) and [X](#).