



# AT HOME MEDICATION DISPOSAL GUIDELINES

## SAFELY DISPOSE OF EXPIRED OR UNUSED MEDICATION

Follow these steps to dispose of medicines in your household trash:

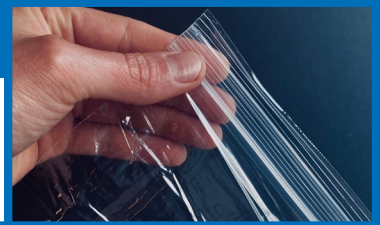
### 1 MIX

Mix medicines (do not crush tablets or capsules) with an unappetizing substance such as used coffee grounds or kitty litter.



### 2 SEAL

Place the mixture in a container such as a sealed plastic bag.



### 3 THROW AWAY

Throw the container in your household trash.



### 4 SCRATCH OUT

Scratch out all personal information on the prescription label of empty pill bottle or empty medicine packaging to make it unreadable before disposing of the container.



*For more information, contact Nadli Arabo at 248-328-5177, [arabon@oakgov.com](mailto:arabon@oakgov.com) or  
Melanie Stone at 248-408-5322, [stonem@oakgov.com](mailto:stonem@oakgov.com).*