## 12+ types of virtual specialists with specific expertise in men's reproductive health and wellness



Reproductive Endocrinologist Support managing hormonal changes and guidance prepping for in-person care or treatment.



Nutrition Coach
Guidance and recommendations
on food and nutrition to support
overall health and wellbeing.



Career Coach
Navigating professional
development & transitions like
parenting and return-to-work.



Physical Support Coach
Physical support and coaching for overall wellness, managing pain, improving mobility, and more.



Examples of Maven specialists with experience supporting men in midlife



Wellness Coach
Enacting sustainable lifestyle
changes to support member goal
achievement.



Sex Coach
Supporting individuals and
couples to enhance their intimate
relationships.



Mental Health Provider
Managing mood changes, anxiety,
stress, depression, brain fog, and
relationships.



Family Physician
Understanding illnesses or injuries, sharing advice for preventative care and maintaining a healthy lifestyle.