**Measles Social Media Messaging Posts**

**Facebook and X**

**Exposure to Measles**

* #Measles symptoms can take 21 days to show after potential exposure. Call your doctor if you believe you were exposed. <https://bit.ly/49NJIkX>
* Unvaccinated individuals need to get vaccinated within 72 hours of measles exposure. Get vaccinated! <https://bit.ly/49NJIkX>
* Immune-globulin treatment is effective within 6 days of measles exposure for high-risk individuals (those with a compromised immune system, unvaccinated or pregnant). <https://bit.ly/49NJIkX>
* Experiencing #measles symptoms? Call ahead before visiting your health care provider or emergency department. <https://bit.ly/49NJIkX>
* #Measles are highly contagious, and are spread through the air and person-to-person contact. Don’t let visitors into your home if you are sick! <https://bit.ly/4ieGrjq>
* #Measles are highly contagious and deadly. Follow your health care provider’s guidance to keep you and others safe. <https://bit.ly/4ieGrjq>

**Complications**

* Contracting measles is serious. Complications can include pneumonia, brain swelling, and preterm birth. <https://bit.ly/49NJIkX>
* Why is it important to vaccinate against the measles? <https://bit.ly/49ItgCI>

**Travel**

* March and April are busy months for #SpringBreak vacations! Get vaccinated before you travel domestically and internationally to prevent the spread of measles. <https://bit.ly/3SdNZIa>
* Back from vacation and experiencing measles symptoms? Stay home and call your doctor right away. <https://bit.ly/49NJIkX>
* #Measles cases have increased worldwide & throughout the United States. Get vaccinated before ANY travel! <https://bit.ly/3SdNZIa>

**Vaccination**

* Protecting your child from measles is as easy as 1, 2. Two immunizations provide the best protection. <https://bit.ly/41t0WSi>
* #Measles virus can live for up to 2 hours in an airspace where the infected person coughed or sneezed. Protect yourself by getting vaccinated. (insert link to health care office information)
* 1 in 5 children living in #OaklandCounty are not up-to-date on their measles vaccine. Stop by our (insert office location) for your child's missing MMR dose today. (insert link to health care office information)
* Need your MMR (Measles, Mumps, and Rubella) vaccine? Our (insert office location) are open today. Don't wait to vaccinate! (insert link to health care office information)
* Unsure about your MMR/measles vaccine status? Talk to your health care provider or visit https://bit.ly/3yfsVo3 to find out if you have two doses of the MMR vaccine.