

Connect with nature while exploring new activities or enjoying your favorite ones. Enhance your health and wellness goals by joining these outdoor programs:









One-time events:

Fishing Derby at Independence Oaks

Sunday, June 8, 2025, 9-11 a.m. Two sessions: Ages 15 years and younger - 9-9:45 a.m.; ages 16 years and older - 10:15-11 a.m. Independence Oaks County Park

Cost is \$10/person.

Preregistration is required by calling 248-858-0916 during business hours.

Find Your Fit

Sunday, Sept. 14, 2025, 1-4 p.m. Oak Park Community Center Lawn

Free event featuring rock climbing, fitness activities, inflatables and more for all ages and abilities.

Presented by Oak Park Recreation and Oakland County Parks.

No registration required.

Call 248-858-0916 for more information.

Hunter's Moon Hike

Saturday, Oct. 4, 2025, 7-8:30 p.m. Wint Nature Center in Independence Oaks County Park

Explore nature outdoors after the sun sets for the day during this free event. Registration required: OaklandCountyParks.com

Autumn Appreciation Drum Circle

Saturday, Nov. 8, 2025, 2-3 p.m. Red Oaks Nature Center

Embrace the spirit of autumn and connect with others during this free dynamic drum circle.

Registration required: OaklandCountyParks.com



Scan for more information:



Ongoing events:

Saturday Morning Yoga

May 3, June 7, July 5, Aug. 2, Sept. 6, 2025, 9:30-10:15 a.m. Oakland County Farmers Market

Perfect various yoga techniques during this free series. No registration required. Call 248-858-5495 for more information.

Thursday Lunchtime Yoga

May 15, June 19, July 17, Aug. 21, Sept. 18, 2025, Noon-12:45 p.m. Oakland County Farmers Market

Re-energize during your lunch break during this free event. No registration required.

Call 248-858-5495 for more information.

Tai Chi

May 3, June 7, July 5, Aug. 2, Sept. 6, 2025, 10:30-11:15 a.m. Oakland County Farmers Market

Improve your balance and flexibility with gentle exercise during this free series.

No registration required.

Call 248-858-5495 for more information.

Early Childhood Hour Out (ECHO)

Every Thursday, 10:30-11:30 a.m.

Wint Nature Center in Independence Oaks County Park

A free caregiver-guided activity hour, fun and friendship. No registration required.

Call 248-625-6473 for more information.