

# Oakland County Baby Café FREE Breastfeeding Support

## **Every Monday from 1:00-3:00pm**



### **Honor Community Health Family Medicine Center**

461 W Huron St # 107, Pontiac, MI 48341 (located in Pontiac General Hospital)

Come relax, connect, and get support! Let's support your feeding journey together!

#### What is a Baby Café?

DAVID COULTER

A Baby Café is a free, drop-in breastfeeding support group. Come get help from lactation experts, meet other parents, and relax in a baby-friendly space. Whether you're pregnant or already breastfeeding, all are welcome!

- Free breastfeeding support from lactation experts
- · Friendly, baby-safe space
- · Snacks and drinks provided
- Open to all pregnant and breastfeeding parents and support persons
- \* The baby Cafe will be closed on 9/1/25, 12/22/25, 12/29/25 in observance of holidays.

## NO APPOINTMENT NEEDED - JUST DROP IN!

#### **Questions?**

Call 800-848-5533 or email OCHD-Lactation-Services@oakgov.com

