

2025 Active Adults Programming



Oakland County Parks offers many programs for Active Adults throughout the year that focus on fitness, wellness, historical education and fun in the parks.

For more information or to register:

Call 248-221-8040 or email OCPrecreation@oakgov.com. Registration forms posted at OaklandCountyParks.com.

Glen Oaks Century Celebration

Wednesday, May 14, 2025

5:30-8:30 p.m.

Glen Oaks Event Center

30500 W. 13 Mile Road, Farmington Hills, MI 48334

Celebrate 100 years of Glen Oaks with an exciting evening that includes an exquisite buffet prepared by Oaks Management, a history of the golf course with Oakland County Parks Historian Carol Bacak-Egbo, a round of mini golf and a tour of the Glen Oaks Event Center.

Registration deadline: April 30, 2025

Cost: \$45/person

Summer Vibes Live

Wednesday, July 30, 2025

4:30-8:30 p.m.

Independence Oaks County Park

9501 Sashabaw Road, Clarkston, MI 48348

Enjoy fishing, archery, a nature education program, lawn games and a pontoon boat ride during this adults-only program. Live music will be featured and food will be available for purchase from a food truck.

Preregistration required.

Deadline to register: Wednesday, July 23

Cost: Free

Fireside Chats – Historical programs

Hosted by Oakland County Parks Historian Carol Bacak-Egbo

Free historical programs held from 7-8 p.m. via Zoom.

Online links available on the Oakland County Parks Facebook page and at OaklandCountyParks.com.

For more information, call or text 248-221-8040.
No preregistration required.

Thursday, March 27, 2025

"A Civil War Widow, a Doctor and Two Teachers: Forgotten Stories of Oakland County Women"

Tuesday, April 29, 2025

"A Dead Cow, a Mastodon and a Historic House: The Amazing History of Some Oakland County Golf Courses"

Thursday, Sept. 25, 2025

"Fence Posts, Lilacs, Rock Piles and Apple Trees: Finding history in our parks"

Tuesday, Oct. 21, 2025

"Those Who Left and Those Left Behind: Civil War Connections to Oakland County Parks"

Wednesday, Nov. 19, 2025

"Waterways, Trails, Artifacts and Wild Rice: Indigenous Connections to Our Oakland County Parks"

Sunset on Crooked Lake

June 24 and Aug. 5, 2025

6 p.m. or 7:15 p.m. sessions

Independence Oaks County Park

9501 Sashabaw Road, Clarkston, MI 48348

Cruise around Crooked Lake in our accessible pontoon boat while Parks Historian Carol Bacak-Egbo provides interesting tidbits of information about the area.

Preregistration required. Registration opens May 9, 2025.

Cost: \$10/person – Limited to 10 guests per session

Cruisin' on Crooked Lake

June 18, July 16, Aug. 20, 2025

Hourly rides from 4-7 p.m.

Independence Oaks County Park - Boathouse

9501 Sashabaw Road, Clarkston, MI 48348

Join us while we cruise around Crooked Lake enjoying the sights and sounds of summer during a 45-minute pontoon boat ride.

Preregistration required. Registration opens May 9, 2025.

Limited to 10 guests per trip.

Cost: \$5/person

River Walk

June 16-Aug. 24, 2025 (no sessions the week of July 4)

7:30-8:30 p.m.

Red Oaks Waterpark

1455 E. Thirteen Mile Road

Madison Heights, MI 48071

Walk the lazy river for fitness at Red Oaks Waterpark after hours on select Mondays, Tuesdays, Wednesdays and Thursdays. This is a great way to cool off and get your steps in! Adults 18 and older only.

Registration opens May 9, 2025.

Early Bird discount through June 10, 2025: \$50/day

Starting June 11, 2025: \$60/day

No walk-ins. Prices good for nine sessions on specific day of the week.

With approval of the 2024 millage request, there is no charge for Oakland County residents to enjoy Oakland County day-use parks and dog parks.

Visit OaklandCountyParks.com, follow the Oakland County Parks Facebook page (Facebook/OC Parks) or register for email program notifications at Oakgov.com/government/ subscribe to learn about Active Adult programming at Red Oaks and Wint nature centers and the Oakland County Farmers Market.

Over 50+ Swim Party

Monday, June 30, 2025

7:30-9 p.m.

Red Oaks Waterpark

1455 E. Thirteen Mile Road

Madison Heights, MI 48071

Adults ages 50 and older are welcome to experience Red Oaks Waterpark after hours. Enjoy the wave pool, waterslides and River Ride.

Cost: \$10/person if preregistered; \$15/person day of event. Registration opens May 9, 2025.

Holly, History and Harmony

Tuesday, Dec. 9, 2025

11 a.m.-2 p.m.

Addison Oaks County Park

1480 West Romeo Road

Leonard, MI 48367

Enjoy an elegant buffet prepared by Oaks Management at the Buhl Estate in Addison Oaks County Park. Learn about the history of Addison Oaks, then listen to seasonal music from the Twelfth Night Singers.

Preregistration required. Registration opens

Sept. 22, 2025.

Cost: \$45/person

Adult Only Archery Shoot

July 12 and Sept. 13, 2025

1-3 p.m.

Independence Oaks County Park - Archery Range

9501 Sashabaw Road

Clarkston, MI 48348

Learn archery basics and perfect shooting technique.

Cost: \$15/person

Each session limited to 16 guests.

For information: 248-296-4584/brechn@oakgov.com

To register: 248-858-0916

Active Living Every Day (ALED)

Tuesdays, Feb. 25-April 22, 2025

1-2 p.m.

Madison Heights Active Adult Center

260 W. 13 Mile Road

Madison Heights, MI 48071

Active Living Every Day (ALED) is a free, 12-week course that focuses on behavioral changes to encourage an active lifestyle. Topics include setting goals, increasing self-confidence, addressing barriers to physical activity and more. Other sessions are in development.