

SEASONALITY

SOME FOODS HAVE A SHORT SEASON

Many Michigan fruits and some vegetables are only available in fresh form for a short time during the year. These include asparagus, blackberries, blueberries, broccoli, Brussels sprouts, cauliflower, cherries, cranberries, cucumbers, eggplant, green beans, kohlrabi, melons, peas, peaches, pumpkins, raspberries, rhubarb, strawberries, summer squash, sweet corn, tomatoes and zucchini.

SOME FOODS ARE AVAILABLE ALL OR MOST OF THE SCHOOL YEAR

Some Michigan foods are available in fresh form for all or most of the school year, including apples, carrots, garlic, leeks, mushrooms, onions, parsnips, potatoes, sweet potatoes, turnips and winter squash.

Other items are available in fresh form for all or most of the school year in some areas of Michigan from farmers that have hoophouses. These include arugula, Asian greens, beets, fresh herbs, green onions, kale, radishes, salad and other greens, spinach, spring onions, Swiss chard and beet greens.

Summer food service has even more fresh items available for the extent of the program. These include broccoli, cauliflower, cucumbers, eggplant, green beans, peppers, Romanesco and tomatoes.

SOURCE: Adapted from the MSU Center for Regional Food Systems Michigan Produce Availability Chart. Availability may vary based on variety and weather conditions.



MARKET HOURS

7 a.m.-1:30 p.m. May-December Tues., Thurs. & Sat.

January-April Saturday only



Contact Us

2350 Pontiac Lake Road Waterford, MI 48328

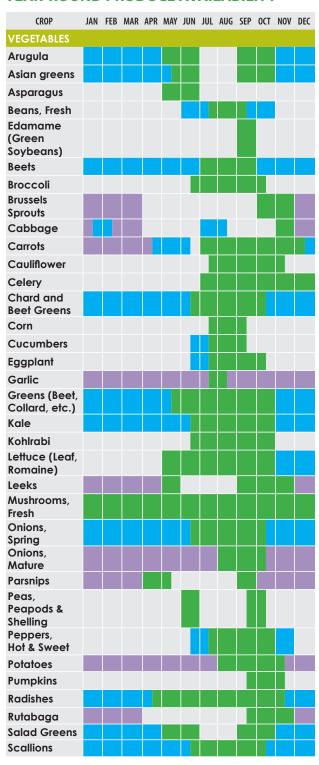
248-858-5495 or 248-858-0906 OCmarket@oakgov.com

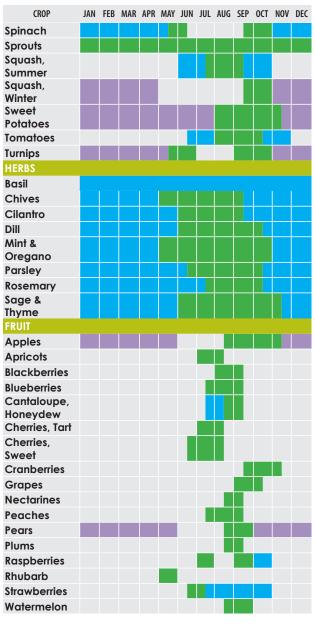


Scan the QR code for details on market special events and programs, vendor applications and more.

https://bit.ly/4dvwMCP

YEAR-ROUND PRODUCE AVAILABILITY





- PURPLE indicates "storage," which means the fruit or vegetable was harvested and then placed in a climate-controlled storage.
- BLUE indicates "extended season," which also means the crop is harvested and sold shortly thereafter. It also means techniques were used that allowed the plants to grow when they normally would not grow outdoors in Michigan.
- **GREEN** indicates "field fresh," meaning the crop is harvested and sold shortly thereafter.